



INDIVIDUALLY-PACKAGED EXPRESS MEALS

GROOVIN' BOWLS - \$10.99

BAJA SHRIMP (GF)

Cilantro Shrimp, Southwest Quinoa, Avocado-Mango Salsa, Pickled Red Onion, Arugula

ISRAELI CHICKEN BOWL

Middle Eastern Chicken, Israeli Couscous, Sliced Cucumber, Pickled Red Onion, Grape Tomatoes, Feta, Arugula

WINTER VEGGIE BOWL (GF, VEG)

Roasted Red Beets, Roasted Fennel, Mandarin Orange, Wild Rice, Shaved Brussels Sprouts, Kale, Spiced Pecans, and Lemon-Honey Vinaigrette

MOJO PORK BOWL (GF, WARM)

Cumin & Lime Marinated Pulled Pork, Quinoa, Rice Blend, Roasted Peppers & Onions, Cilantro, Arugula, Pineapple Vinaigrette

BRISKET BOWL (GF, WARM)

House-Smoked Sliced Brisket, Wild Rice, Shaved Brussels Sprouts, Kale, Sweet Potato Ribbons, Warm Bacon Vinaigrette

BOXED SANDWICHES - \$10.99

Choice of Assorted Mix, Chicken Salad on Croissant, Ham & Swiss, Turkey & Provolone, Roast Beef & Cheddar, or Grilled Vegetable & Hummus Wrap Comes with chocolate chip cookie and choice of side.

ENTREES - \$10.99

MEATLOAF

Served with Mushroom and Onion Gravy, Garlic Mashed Potatoes, & Southern-Style Green Beans

CHICKEN EMPANADA

Served with Spanish Rice, Black Beans, Chipotle Crema

PULLED PORK PLATTER

House-Smoked Pulled Pork served with Smoked Gouda Mac & Cheese, Southern-Style Green Beans

BELL PEPPER STUFFED WITH WILD RICE (GF)

Served with Seasonal Vegetables, & Asparagus

CHAR-GRILLED CHICKEN TOPPED WITH DIJON CREAM SAUCE (GF)

Served with Herb-Roasted Fingerling Potatoes, Asparagus

CHICKEN PARMESAN

Served over Spaghetti & Marinara

SZECHUAN SALMON (GF)

Served over Wok-Flashed Vegetables and Jasmine Rice

(MINIMUM ORDER OF 5 PER ITEM)